

Post Restoration Instructions

Anaesthetic:

Please avoid eating anything while you are numb as you might bite your cheek ,lip or tongue and not feel it at all. Numbness might last for up-to 6 hours after the procedure.

Sensitivity:

It is normal to have a little sensitivity after a filling or crown has been placed. This normally resolves progressively over a week. If however it is getting worse please call the practice .

High Spot:

Often as you are numb during the filling or crown appointment, your body can not process your bite accurately. Any discrepancy in the bite is more noticeable once the anaesthetic wears off. Due to the strength of the materials used in modern dentistry these high spots do not wear down and can lead to severe sensitivity if not corrected. Please call us if you feel the filling is slightly proud and is therefore under more pressure as compared to adjacent teeth.

Please call the practice, if you have any problems or queries at all.

Following these instructions closely will greatly help your comfort and promote uneventful healing of the area.